

Your Resilience Kit

Human Synergistics 'Resilience Kit' has been designed to give practitioners the capacity to help leaders increase their resilience and ability to mindflex through any circumstance.



Increase Your Resilience

Why a Resilience Kit?

It's fair to say that 2020 has thrown the world a curve ball we could not have predicted. It has caught most of us off guard. Leaders are now facing the more complex challenges of supporting their team to maintain a positive focus in difficult conditions, to keep delivering under difficult circumstances conceivably with more demands and increased pressure. Leaders may need to do this from home, with the whole family in residence in and amongst a host of other responsibilities.

What's included?

The Resilience Kit includes:

1. LSI 1 IBI Kit
2. LSI 1 Interactive SDG PDF (New)
3. Thinking Guide (New)
4. Reflective Journal and Workbook (New)
5. RISE technique – Self directing coaching notes that enables Leaders to redirect their thinking from negative defensive thoughts to positive constructive ones. (New)

How much does it cost?

The Resilience Kit is \$200 including GST. Leaders also receive a code for 50% off the [IN-SIGHTS Personal Leadership Webinar](#), a 2½ hour session that can supplement individual development.

If there was ever a time leaders' needed to keep a cool head and remain adaptive, it is now.

Interested? Start by speaking with a Human Synergistics team member. Whether it's through your account manager or consultant. Email or call us today!